

Synergy Chiropractic & Physical Therapy 31360 Via Colinas Drive Suite 104 Westlake Village, CA 91362; (805) 492-1500 23388 Mulholland Dr Woodland Hills, CA 91364; 818-643-7007

Constant >75%... Frequent 51-75%... Occasional 26-50%... Intermittent <25% of waking hours (circle)

Please mark on the diagram to the right the following symbols as they relate to your symptoms:

SS = spasms

ST = stiffness

DP = dull pain

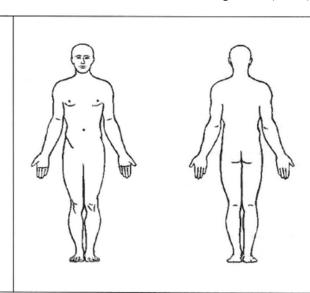
SP = sharp pain

SH = shooting pain

TI = tingling

NU = numbness

O = Other



Please list all medications and dosage:		Frequency: For		or what illness:	
List any allergies to	medications, floods, or othe	r:			
Are you pregnant.	Yes No First da	y of last mens	strual cycle:		
Do you smoke? Ye	s No; How much?	do you drink	alcohol? Yes	No; How much?	
Primary Care Phys	sician:				
Please list all serious illness and serious accid		ents Month and Year		City, State	
Please list any recent x-rays, lab or other test		Date		Facility/Doctor	
Please list any surgeries		<u>Date</u>		Facility/Docto	
DO YOU HAVE A	HISTORY OF ANY FO T	HE FOLLOV	VING DISEASI	ES? (Please Check)	
□ Tuberculosis	□ Lung Disease	□ Gout	□ Diabetes	□ Kidney Disease	
□ Stomach/ Ulcer	☐ Heart Disease	□ Hepatitis	□ Sciatica	□ Blood Pressure	
□ Transfusion	□ Polio/MS	□ Colon Disea	se □ Stroke	□ Cancer	
□ Bleeding	□ Paralysis	□ Seziures	□Arthritis	□Asthma	
□ Anemia	☐ Thryoid Disease	□ Drug Depen	dence	□ AIDS	
Any other condition	(s) not listed above that the	doctor should	be aware of:		



Informed Consent

To the patient: Please read this entire document prior to signing it. It is important that you understand the information contained in this document. Please ask questions before you sign if there is anything that is unclear.

The nature of the chiropractic adjustment:

The primary treatment used by doctors of chiropractic is spinal manipulation therapy. I will use that procedure to treat you. I may use my hands or a mechanical instrument upon your body in such a way as to move your joints. That may cause an audible "pop" or "click", much as you have experienced when you "crack" your knuckles. You may feel a sense of movement

Analysis/Examination/Treatment:

As part of the analysis, examination, and treatment, you are consenting to the following procedures

- Range of motion
- Orthopedic Testing
- Basic Neurological Testing
- Muscle Strength Testing
- Ultrasound
- Hot/Cold Therapy
- Posture Analysis Test
- EMS

• Other: all physiotherapy in the office including but not limited to laser, PEMF, compression boots, traction, etc......

The risks inherent in chiropractic adjustment:

As with any healthcare procedure, there are certain complications which may arise during chiropractic manipulation and therapy. These complications include but are not limited to: fractures, disc injuries, dislocations, muscle strain, cervical myelopathy, costovertebral strains and separations, and burns. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to or contributing to serious complications including stroke. Some patients will feel some stiffness and soreness following for the first few days of treatment. The Doctor will make every reasonable effort during the examination to screen for contraindications to care; however, if you have a condition that would otherwise not come to the Doctor's attention it is your responsibility to inform the Doctor.

The probability of those risks occurring:

Fractures are rare occurrences and generally result from some underlying weakness of the bone which we check for during the taking of your history and during examination and X-ray. Stroke and/or arterial dissection caused by chiropractic manipulation of the neck has been the subject of ongoing medical research and debate. The most current research on the topic is inconclusive as to a specific incident of this complication occurring. If there is a causal relationship at all it is extremely rare and remote. Unfortunately, there is no recognized screening procedure to identify patients with neck pain who are at risk of arterial stroke.

The availability and nature of other treatment options:

Other treatment options for your condition may include:

- Self-administered, over-the-counter analgesics and rest
- Medical care and prescription drugs such as anti-inflammatory, muscle relaxants, and painkillers
- Hospitalization
- Surgery

If you chose to use one of the above noted "other treatment" options, you should be aware that there are risks and benefits of such options and you may want to discuss these with your primary physician.

The risks and dangers attendant to remaining untreated:

Remaining untreated may allow the formation of adhesions and reduce mobility which may set up a pain reaction further reducing mobility. Over time this process may complicate treatment making it more difficult and less effective the longer it is postponed.

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23388 Mulholland Dr Woodland Hills, CA 91364; 818-643-7007 DO NOT SIGN UNTIL YOU HAVE READ AND UNDERSTAND THE ABOVE. PLEASE CHECK THE APPRPRIATE BLOCK AND SIGN BELOW:

I have read OR	I have had read to me:		
and/or staff) and have had my question the risks involved in undergoing treatm	stic adjustment and related treatment. I have discussed it with <i>(the doctor is answered to my satisfaction. By signing below, I state that I have weighed then and have decided that it is in my best interest to undergo the treatment of risks, I hereby give my consent to that treatment.</i>		
Patient signature Date			
PHYSICAL THERAPY Response to physical therapy interventive your response to specific modality, or especific treatment, nor does it guarantee treatment for. Furthermore, there is a possible treatment for the specific treatment for the spe	ion varies from person to person; hence, it is not possible to accurately predict exercise protocol. C.P.P.T. does not guarantee that your reaction will be to a e that the treatment will help resolve the condition that you are seeking ossibility that the physical therapy treatment may result in aggravation of or injury. It is very important to communicate with your treating physical		
	rstand the risks involved in physical therapy and agree to fully cooperate, edures, and comply with the established plan of care. I authorize the release of third parties.		
Patient name (print)			
Patient signature	Date		
This notice explains our legal duties an	apy is required by law to maintain the HIPAA Notice of Privacy Practicies. d privacy practices with respect to your protected health information. ave read this Notice of our Privacy Practices. A copy will be provided to me		
Patient Signature:	Date:		
Witness			
Staff Initials			
chiropractic adjustments and other treat	actic and Physical Therapy employees to perform diagnostic tests and render tment to my minor son/daughter		
Guardian Name (print): Guardian Signature	Date		